



Recommended Reading List

www.communityclinicalrx.com

Most of these books are available in the pharmacy.

Becoming Orgasmic: A Sexual and Personal Growth Program for Women – Julia Heiman, Ph.D. and Joseph LoPiccolo, Ph.D. \$15.00

Ageless: The Naked Truth About Bioidentical Hormones – Suzanne Somers \$25.00

For Women Only: A Revolutionary Guide to Overcoming Sexual Dysfunction and Reclaiming Your Sex Life – Jennifer Berman, M.D. and Laura Berman, Ph.D. \$15.00

Stay Young and Sexy with Bio-Identical HRT- Jonathan V. Wright, M.D. and Lane Lenard, Ph.D. \$19.95

Secrets of Sexually Satisfied Women: Ten Keys to Unlocking Ultimate Pleasure – Jennifer Berman, M.D. and Laura Berman, Ph.D. \$24.95

The Testosterone Syndrome: The Critical Factor for Energy, Health, and Sexuality – Reversing the Male Menopause – Eugene Shippen, M.D. and William Fryer \$15.95

Are Your Hormones Making You Sick?: A Woman's Guide to Better Health Through Hormonal Balance– Ava Taylor, M.D. \$12.95

The Wisdom of Menopause: Creating Physical and Emotional Health and Healing During the Change – Christiane Northrup, M.D. \$20.00

Breakthrough: Eight Steps to Wellness – Suzanne Somers \$25.00

The Sexy Years: Discover the Hormone Connection – The Secret to Fabulous Sex, Great Health, and Vitality, for Women and Men – Suzanne Somers \$25.00

Adrenal Fatigue: The 21st Century Stress Syndrome – James L. Wilson, N.D., D.C., Ph.D.

Sex and the Seasoned Woman: Pursuing the Passionate Life – Gail Sheehy

Mars and Venus in the Bedroom: A Guide to Lasting Romance and Passion – John Gray, Ph.D.

Awakening Athena: Resilience, Restoration, and Rejuvenation for Women – Kenna Stephenson, M.D.